



## **Straits Area Youth Advisory Council (SAYAC) 2022 NEEDS ASSESSMENT**

1. Depression and Mental Health
2. Stress
3. Bullying
4. Smoking/Vaping/Tobacco Use
5. Low Self-Esteem
6. Body Image/Appearance Concerns
7. Teen Drug Usage
8. Underage Alcohol Use
9. Teen Suicide
10. Violence at School and Cyberbullying

*This youth needs assessment is conducted by surveying 104 students at schools in Cheboygan County and Mackinaw City regarding common issues affecting youth in our communities. The issues listed above were the top ten issues noted by the surveyed students. This assessment is done once every three years. It is used to assist the Straits Area Youth Advisory Council in determining grant awards from the Straits Area Kellogg Youth Fund at the Straits Area Community Foundation.*